

Photos: Courtesy of Monica Vedia, *TaikoMon*

## Taiko Workshops

In collaboration with Budohuset in Uppsala, we have the great pleasure of welcoming Monica Vedia to Sweden on the **30th-31st of August, 2025**. It is a great opportunity to be able to learn taiko from our invited professional taiko artist from *TaikoMon*!

Taiko (太鼓) originates from Japan. It is played all over the world at any age and no previous drumming nor taiko knowledge is necessary in order to start playing taiko. Taiko has not only spread geographically over the years, but has expanded artistically as well, from traditional festival drumming, to creating new styles of taiko and collaboration with other musical forms.

As an art form, taiko began with Daihachi Oguchi [1924-2008], founder of *Osuwa Daiko* in 1953. *Yushima Tenjin Sukeroku Daiko*, founded in the 1960s, laid the foundation for what we today call *kumi-daiko*. *Kumi-daiko* has its traditional roots in *Gagaku* (imperial court music from the 7th century), *Kabuki* dance drama, *Noh* drama and Japanese festival drumming.



This exciting event features 4 taiko workshops with Monica Vedia from *TaikoMon*!

Monica Vedia is a professional actress of the scenic arts, specialized in dramatic art, dance, gestural theater and improvisation. She has more than 20 years of experience in taiko and is the founder and teacher of the Japanese percussion school *TaikoMon* since 2017 in Madrid, Spain. She is also the artistic director of *TaikoMon* performing group and creative leader of educational and inclusive projects through the use of Taiko. Additionally, Monica is a collaborator in international taiko events.

Monica: Taiko, for me, is visual music in motion – a multidisciplinary art that connects body and mind with the instrument through vibration, breath, voice, and movement. I was living and working in Japan. Every night, I walked home from work through the streets of that small Japanese town, and one night, a sound invaded my heart. The closer I got, the faster I walked, and the more intense the sound became. I found myself in front of that typical Japanese building; I took a deep breath and opened the door, unaware that what I was about to see would change my life. Impacted, I slowly entered, sat down, and silently enjoyed the spectacle. Japanese men and women of different ages played and moved with such beautiful form and energy that I thought, "I have to try this."

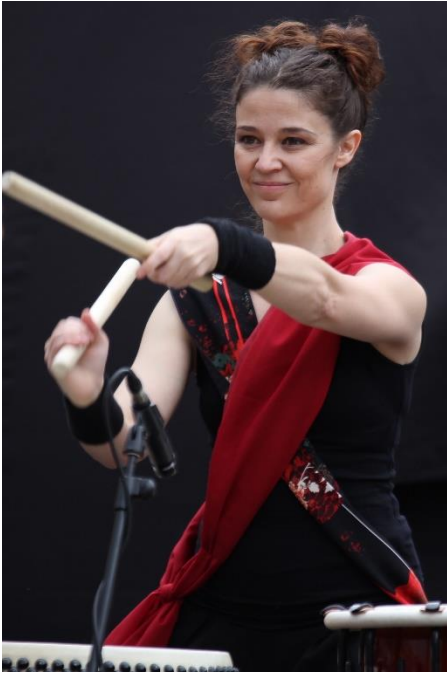


Photo:  
Courtesy of Monica Vedia, *TaikoMon*

*With reservation for changes.*

**Register for the taiko workshops  
via the following link:**

<https://taikoshinkai.com/contact/workshop-registration-august-2025.html>

### ***Cancellation information:***

Cancellations no later than 4 weeks before: Workshop fees are refunded 100% of your payment.

Cancellations no later than 3 weeks before: Workshop fees are refunded 50% of your payment.

Cancellations no later than 2 weeks before: Workshop fees are refunded 25% of your payment.

Cancellations made 1 week before or later: Workshop fees can no longer be refunded.

In collaboration with:



### **Taiko Shin Kai**

*Taiko Shin Kai is a non-profit organization, that wish to encourage and spread taiko in Sweden. Taiko Shin Kai offers regular taiko training in Uppsala, and workshops.*

## ***Taiko Workshops***

This event features 4 exciting taiko workshops on 30th and 31st of August, that will be led by Monica Vedia from *TaikoMon*. Three workshops are suitable for all levels, and one at an intermediate level.

### ***#1: Kihon TaikoMon***

This workshop features a sequence of basic rhythms for all levels. Exercises to learn the basics of *TaikoMon* School. The general objective of this workshop is to improve our technique as a Taiko player, to play efficiently and avoid injuries.

### ***#2: Hachijou***

Hachijou Jima is an island located 178 miles south of Tokyo. The style is almost improvisational, with two people playing on a single drum, each playing on one side of the Taiko. In this workshop, we will learn the basic patterns and a simple song with a little improv to understand this unique and beautiful style.

### ***#3: TaikOn Stage: presence through acting techniques***

The objective of this workshop is to improve our body awareness and stage presence, as well as helping us with stage fears by giving us more confidence on stage in front of an audience.

### ***#4: DokoKara***

DokoKara is a piece composed by Yuta Kato and the arrangement plays with the concept of the undulating effects of energy in its surroundings. Where does the energy come from? And where is it going? Intermediate level.

### ***Workshop Details:***

**August 30th-31st, Saturday – Sunday, Uppsala, Sweden.**

#### ***Taiko workshops***

Workshop #1: Kihon *TaikoMon*, Saturday 9:30 - 12:00  
500 kronor per participant

Workshop #2: Hachijou, Saturday 13:00 - 17:00  
650 kronor per participant

Workshop #3: TaikOn Stage, Sunday 9:30 - 12:00.  
500 kronor per participant

Workshop #4: DokoKara, Sunday 13:00 - 17:00  
650 kronor per participant

#### ***Special package deal:***

All 4 workshops: **2000 kronor** per participant.

*Please note, this cannot be combined with other discounts.*

#### ***Taiko Shin Kai Member discounts:***

- For supporting members, there is a 5% discount
- For full members, there is a 10% discount

